



New Miner Training

Two-day, 16-hour course that meets MSHA 30 CFR Part 46 or 48(b) requirements for workers new to mining.

- Covers 16 of the required 24 hours.
- The remaining 8 hours are completed and documented by your company, or covered as a review day in a refresher class if your training plan allows.
- Please contact us if your training needs fall under Part 48(b).

Annual Refresher Training

One-day class in compliance with MSHA 30 CFR Part 46 or 48(b) for miners of all experience levels.

- Under Part 46, one hour is reserved for your company to cover and document “changes at the mine that could adversely affect the miner’s health or safety” as it applies to your site.
- Please contact us if your training needs fall under Part 48(b).

First Aid & CPR/AED Certification

Through the American Heart Association, this course meets MSHA and OSHA requirements for basic first aid/CPR in an emergency.

- HeartSaver First Aid, CPR and AED for adults.
- For anyone with little or no medical training.
- Certification renewal every two years.
- Contact us to set up a class.

Who Should Attend

MSHA New Miner or Annual Refresher Training is required for mine operator employees and independent contractors who:

- Work in mining operations such as mine development, drilling, blasting, extracting, crushing, washing, screening, sizing or moving material within the mine, regardless of duration.
- Perform maintenance or service work on mining equipment for frequent or extended periods.
- Construction workers who are regularly exposed to mining hazards for frequent or extended periods.

Mine Site Tours & Site Specific-Hazard Awareness Training

Northland’s classes do not include:

- Required mine site tours for New Miner or Experienced Miner training.
- Site-specific / hazard awareness training or changes at the mine as they apply to your operation.
- These elements must be completed and documented by your company.

MSHA & OSHA Instructor

Ashley Gillund
Director of Workplace Safety Training
MSHA Approved #10448690

(218) 683-8642
ashley.gillund@northlandcollege.edu

2026 ANNUAL REFRESHER TRAINING

IN-PERSON • ONLINE/ZOOM • 8AM-4PM • \$125

Morning Refreshments & Lunch Provided at In-Person Sessions

Thief River Falls

NCTC Campus-Room 203
April 8

Sauk Rapids

Sauk Rapids Gov't Center
March 31

Bemidji

Bemidji Eagles
April 2

Alexandria

Alex Tech - Room 211
February 24
March 11
April 15

East Grand Forks

NCTC Campus-Room 250
March 20

Sabin/Fargo

Sabin Community Center
February 18

Park Rapids

American Legion
April 1

Online/ZOOM

Live w/ Instructor
April 30
May 14
June 11
July 23
August 20

Roseau

NCTC Campus-Room 613
April 7

Wadena

Wadena VFW
March 25

Detroit Lakes

Detroit Lakes VFW
March 16

If you have 15 to 20+ employees and prefer to do a private class, call Ashley at (218) 683-8642 to discuss.

2026 NEW MINER TRAINING

ONLINE/ZOOM • 8AM-4PM • \$230

Online/ZOOM

Live w/ Instructor
January 13-14
April 28-29
May 18-19
June 23-24
July 21-22
August 18-19
September 22-23

This course provides 16 of the 24 hours required by MSHA for New Miner training. Your company must complete and document the remaining 8 hours in-house or through additional training, such as an annual refresher as a review day.

Our training does not include the required mine site tour for New Miner training. Your company is responsible for completing and documenting the site tour.

Hands-on materials are mailed before class. Registration and cancellations are due at least one week before class.

TRAINING LOCATIONS & ADDRESSES

NCTC-TRF

Room #203 - Door A
1101 Hwy One East
Thief River Falls, MN 56701

NCTC-EGF

Room #250 - Door F
2022 Central Ave. NE
East Grand Forks, MN 56721

NCTC-Roseau

Room #613
121 Center St. E
Roseau, MN 56751

Sauk Rapids Gov't Center

250 Summit Ave. N
Sauk Rapids, Mn 56379

Wadena VFW

213 1st St. SE
Wadena, MN 56482

Bemidji Eagles

1270 Neilson Ave. SE
Bemidji, MN 56601

Detroit Lakes VFW

1500 Washington Ave.
Detroit Lakes, MN 56501

Alex Tech-Alexandria

Room #211, Door A
1601 Jefferson Street
Alexandria, MN 56308

Park Rapids American Legion

900 1st. St. East
Park Rapids, MN 56470

Sabin Community Center

4 Main Street
Sabin, MN 56580

Online/ZOOM

ZOOM link sent one week before

www.northlandcollege.edu/wdsclasses

MSHA TRAINING REQUIREMENTS

WITH NORTHLAND COLLEGE

New Miner & Annual Refresher Training Plan Topics

- Instruction on Statutory Rights of Miners
- Authority & Responsibility of Supervisors
- Understanding MSHA Training Requirements
- Recognition & Avoidance of Electrical Hazards & Other Hazards, Lock-Out-Tag-Out
- Escape & Emergency Evacuation Plans, Firefighting
- First Aid & CPR/AED Basics
- Health & Safety Aspects of Tasks Assigned: Fall Prevention, Respiratory Hazards, Hearing Conservation, HazCom & GHS, Confined Space
- Other Personal Protective Equipment
- Transportation Controls & Communication
- Highwalls, Stockpiles, Water Hazards, Berms, Illumination
- Working Around Mobile Equipment, Material Handling
- Working Around Moving Objects, Conveyor Safety & Guarding
- Maintenance & Repair, Workplace Exams, Pre-Op Inspections
- MSHA Updates & Other Standards
- Additional topics available upon request.

Competent Person

To use Northland for MSHA training, list Northland Community & Technical College or MN State Grants in your MSHA Training Plan under Competent Person(s) for:

- New Miner Training
- Annual Refresher Training
- Experienced Miner Training, or
- All Subjects

Training Plan Alignment

Update your training plan elements:

- Approximate times: list all topics from 15 minutes to 24 hours (longer if desired)
- Teaching methods: lecture, discussion, audio/visual, demonstration, site tours, online/web based (if applicable)
- Course materials: MSHA, company, applicable regulations, vendor/manufacturer
- Evaluation: oral feedback, written feedback, observation, and audience response units

Your company is responsible for ensuring your training plan topics, times, materials, and evaluations are covered and documented.

Registration

- Online: Register and pay at www.northlandcollege.edu/wdsclasses
- Mail: Complete the registration form and mail with check payable to NCTC-WDS
- Phone: Call (218) 683-8649 to register and pay.

Cancellations

- Annual Refresher: cancellations required at least 2 business days before the class.
- New Miner: cancellations required one week before class (materials are mailed in advance).
- No refunds for uncanceled registrations, including no-shows.
- Northland may cancel classes due to low enrollment or weather.

Accommodation

If you need special accommodation, tell us when you register.

Registration Questions?

Call (218) 683-8649

Email wds@northlandcollege.edu

Class Preparation

- Northland provides individual sign-in rosters for each company and mails them after the training session.
- All in-person classes include materials, pen and notebook.
- At the end of class, each student receives a MSHA 5000-23 training record/certificate to return to their company for final signature by the person listed in the Training Plan as responsible for health and safety training.
- Northland keeps rosters on file but does not retain 5000-23 certificates.
- Annual refresher students also receive an optional wallet-size training card for convenience; these are not required to be carried.
- Our sessions are interactive and include activities and discussion. Participation is required.



NORTHLAND

Workforce
Development
Solutions

MSHA Mail or Email Registration Form

Or register online at www.northlandcollege.edu/wdsclasses

Make copy of blank form for future classes, if needed.



Company Name:

Billing Contact:

Contact Phone #:

Contact Email:

Company Mailing Address:

Register for Annual Refresher Training (ART) & New Miner Training (NMT)

Class Date	Class Type	Employee First/Last Name	Employee Date of Birth	FOR ONLINE/ZOOM ONLY Employee Email	FOR NMT ONLY Mailing Address for Materials
	☐ ART ☐ NMT				
	☐ ART ☐ NMT				
	☐ ART ☐ NMT				
	☐ ART ☐ NMT				
	☐ ART ☐ NMT				
	☐ ART ☐ NMT				
	☐ ART ☐ NMT				
	☐ ART ☐ NMT				
	☐ ART ☐ NMT				

Payment Options

Annual Refresher Training \$125/per person ▪ New Miner Training \$230/per person

- ☐ **Check:** Mail your completed registration form with a check to NCTC-WDS, 2022 Central Ave., NE, East Grand Forks, MN 56721
- ☐ **Credit Card:** Email (or mail) your completed registration form to wds@northlandcollege.edu, our business office will call you to securely pay

See the full MSHA flyer to review our cancellation policy for Annual Refresher and New Miner Training.

Questions? Call (218) 683-8649